

This tradition is brought to our monastery from the Skete of St. Anna on the Holy Mountain of Athos - many children have been granted through the icon and the intercession of St. Anna. Our icon itself visited the Holy Skete on Mt. Athos and was touched to the right foot of St. Anna, which is venerated there and is still warm to this day.

If you like you may submit the enclosed form to the monastery and we will remember you in our prayers and inscribe your names in a special book to be remembered for the year. Please also let us know if your prayerful request is granted, along with a photograph of the parents and child.

We know that God hears our prayers and all things will proceed as His Holy will determines.

We unite our humble prayers with yours that God will grant your petition through St. Anna.

Archimandrite Athanasy

Those desirous of entering into prayer to St. Anna should:

1. Agree to abstain from the marital act for 40 days.
2. Confess their sins and receive the Sacrament of the Holy Eucharist as often as possible.
3. Have the Spiritual Father read over them the Prayer for the Conception of Children.
4. Partake of the Holy Water and a particle of Antidoron daily (a small drop in water).
5. Anoint themselves with the Blessed oil.
6. The wife should wear the Blessed Ribbon for 40 days (at all times).
7. Recite together daily the Paraclesis to St. Joachim and Anna.
8. Sometimes the most difficult thing to do, and a true sign of humility, is to promise to name the child Anna (if a girl) or Joachim (if a boy).